



# **Circle of Eagles Lodge Society** **Programs and Services**





## Table of Contents

Background of Circle of Eagles Lodge (COELS)	1
COELS Programs and Services	1
COELS COVID 19	2
Board and Staff Directory	2
Naa-na-himyis Brothers Healing Lodge	3
Anderson Healing Centre for Women	7
Anderson Healing Centre for Women Coronavirus Information	7
Cultural Supports and Services	11
Tsetsusem Canoe Healing Journey	13
Circle of Healing Program	15
Circle of Healing Outreach	15
Peer Support Worker	16
Housing and Resource Service	16
Bannock On The Run/Elders Meals On Wheels	18
K'emk'emelay Pre-employment Program (KPEP)	19
Circle of Eagles Trading Post	21.
Circle of Eagles Graphic Design	22
Section 84	23
COELS Volunteers	23
Anual Events	23
Partners, Stakeholders and Community Referrals	24



## Background of Circle of Eagles Lodge (COELS)

Circle of Eagles Lodge Society was incorporated as the Allied Indian and Metis Society on May 29, 1970. The Society formally changed its name to the Circle of Eagles Lodge Society at its 25th anniversary, 1995.

## VISION

Circle of Eagles Lodge Society (COELS) envisions Indigenous Brothers and Sisters leading healthy, balanced lives as empowered individuals, within their families, communities, cultures and traditions.

## MISSION

COELS supports Indigenous Brothers and Sisters leaving federal institutions and those dislocated from society, to reintegrate into Community by providing respectful wholistic services and culturally safe spaces.

## Programs and Services

Programs and services of COELS are developed through strategic conversations with knowledgeable stakeholders. They include former and current Brothers and Sisters of COELS, community organization partners, Vancouver Coastal Health frontline workers, Elders, community members, Corrections Services Canada, Parole Officers and COELS Board of Directors, Management and Staff. The goal is to bridge the gaps of existing good community programs and services with COELS in house programs.

## Circle of Eagles Lodge Society Programs and Services

In the late 60's Marge White began to visit the BC Penitentiary Native Brotherhood. The Brothers inside the prisons expressed the need to establish an Indigenous home for themselves once they left prison. After writing and agreeing on a Constitution and Bylaws, the Allied Indian and Metis Society (AIMS) was established and formally incorporated on May 29, 1970.

AIMS applied for and received a grant to purchase a home. Cultural programs and services such as the Sweat Lodge and other services for Indigenous people who are leaving federal corrections continue at this location today. AIMS also purchased the adjoining property as a second stage housing support; unfortunately, the property was sold when AIMS was unable to continue to operate due to inadequate funding.

AIMS formerly changed its name to the Circle of Eagles Lodge Society (COELS) in 1995 at its 25th year anniversary.

COELS is an Indigenous organization overseen by an Indigenous Board and operated primarily by Indigenous People.

In 2000, COELS began to expand its programs and services. The building of a traditional sea-going canoe and subsequent canoe journeys contributed to the healing of those who became involved.

COELS began to offer programs to Indigenous Sisters leaving corrections in 2003 and entered a contract with Corrections Services Canada. The Anderson Lodge Healing Centre for Women provides a halfway house and a homeless shelter.

COELS also expanded services to include an Elders Meals on Wheels, Bannock on the Run providing meals to Elders and homeless persons. Meals are continued to be prepared by the Sisters, as a positive way of giving back to the community.

The Pre-employment program, Housing and Supports Program, Outreach program, Circle of Healing, Peer support, COELS Trading Post, Elders, Tsetsusem Canoe Healing Journey, COELS Graphic Design are just some of the programs and services that COELS continues to provide to this day.



## COELS COVID-19

During the pandemic COELS has worked diligently in making sure the safety of the Sisters, Brothers, staff and essential visitors are a top priority. While we work through our new normal, the global pandemic, some of our cultural activities have changed to coincide with the BC Public Health pandemic protocols. All staff, residents and visitors are required to follow the policies and procedures regarding COVID-19.

- Wash hands when entering the Lodges or Resource Centre. Temperatures will also be taken and recorded daily for residents, staff, and essential workers on site
- Mandatory Face mask at all times (except for eating/drinking when seated at the table)
- Wearing your mask and maintaining appropriate social distancing (6 feet or 2 meters) when staff are interacting with each other and when meeting with Brothers and Sisters.
- All high-touched areas must be wiped in the two-step procedure: 1. Use the spray bottle of soap/water to wipe the area clean. 2. Use the spray bottle that contains bleach/water. Wipe the areas after step 1. Let dry. This should be done often during the day
- Continually provide messaging to the Brothers and Sisters that if they do not feel well that they inform someone immediately, as opposed to waiting for things to get worse.
- Follow direction from CSC, as well as from public health for updated information which will be shared and posted. All memorandums with the clipboard labeled, "COVID-19" are located at the Lodges.

### Head Office Administration

6520 Salish Drive Tel: 604-428-7963  
Vancouver B.C. V6N 2C7 Fax: 604-874-3858

### Anderson Lodge Healing Centre for Women

2716 Clark Drive Tel: 604-874-1246  
Vancouver B.C. V5N 3H6 Fax: 604-874-9464

### Naa-na-himiyis Brothers Healing Lodge

1470 East Broadway Tel: 604-874-9610  
Vancouver B.C. V5N 1V6 Fax: 604-874-3858

### K'emk'emelay

### Indigenous Pre-Employment Skills Training

2008 Wall Street Tel: 778-658-5760  
Vancouver B.C. V5L 1J5 Fax: 604-874-3858

### Circle of Eagles Trading Post

2008 Wall Street Tel: 778-658-5999  
Vancouver B.C. V5L 1J5 Fax: 604-874-3858

## Board and Staff Directory

### Board of Directors 2020-2021

Shelley Joseph	President
Rick Lavallee	Vice President
Daryl Gray	Treasurer
Maggie Joseph	Secretary
Lucy Wallace	Board Member
Faye Nelson	Board Member
Gary Jobin	Board Member
Rob O'Dea	Board Member

### 2020-2021 Staff List

#### Administration

Merv Thomas	Chief Executive Officer
Barb Ellis	Director of Operations
Laverne Snow	Finance
Isabella Au	Finance

### Naa-na-himiyis Brothers Healing Lodge

Danette Delorme	House Manager
Craig Snow	Admin Assistant
Ellen Stewart	House Supervisor
Sharon MacAlpine	House Supervisor
Kelsey Pootlass	House Supervisor
Art Lai	House Supervisor
Bruce Clayton	House Supervisor
Austin Lee	House Supervisor
Dakota Jack	House Supervisor
Edward Maxwell	House Supervisor

### Anderson Lodge Healing Centre for Women

Velma Albert	House Manager
Ida Joe	Admin Assistant
Chona Ureta	House Support
Mavis Williams	House Support
Clarissa Cameron	House Support
Lisa Snow-White	House Support/ On Call
Ellen Stewart	On Call relief
Andrea Peters	On Call relief
Kaela Vaa	On Call relief

### Circle of Healing Program

Barb Ellis	Circle of Healing Program
Jennifer Cupello	Circle of Healing Outreach
Crystal Roy	Housing and Support
Rob Bain	Peer and Housing Support

### K'emk'emelay Indigenous

### Pre-Employment Skills Training

Isadore Phillips, Program Coordinator

### Elders

John Delorme  
Mary Louie (Via Telephone)

### Circle of Eagles Trading Post

Clare Cameron	Supervisors
Amanda McGee	Assistant Supervisor
Stewart Anderson	Consultant

### Circle of Eagles Graphic Design

Greg Pierre





# Naa-na-himiyis Brothers Healing Lodge

## Background

Naa-Na-Himiyis Brothers Healing Lodge was formerly known as the Circle of Eagles Brothers Lodge. In March 2019, the lodge name was formerly changed in honor of Marge White, who was the founding President and former Executive Director of the Circle of Eagles Lodge Society.

## Description

The Naa-na-himiyis Brothers Healing Lodge is located at 1470 East Broadway in Vancouver. Staffed and supervised 24 hours, the Lodge has 17 beds, 3 double rooms and 11 single rooms. It is not wheelchair accessible. The Naa-na-himiyis Brothers Healing Lodge contains one industrial sized kitchen, four full bathrooms- two on each floor, free laundry facilities, cable television in the dining room, in the rooms, and the common room; and a phone.

## Programs and Services

Naa-Na-Himiyis Brothers Healing Lodge provides culturally relevant services and supports including Elders, Sweat Lodge, Smudging, Canoe Teachings and Protocols, Feasts, Pipe Ceremonies, and Sharing Circles. COELS also provides a Pre-employment training program, Circle of Healing Support Network, Housing Program to prepare for living on own, Camp Potlatch, Spiritual Advisor, and a cooking program. More information on these Programs and Services are available in this manual.

## Close by amenities

Public transportation is accessible (Skytrain and bus), close to community centres, library, post-secondary schools, including the Native Education Centre, Vancouver Aboriginal Friendship Centre, and Native Courtworkers.

## Eligibility

Indigenous males, or Non-Indigenous males who are following the Red Path, 19+, ETA's/UTA's and Work Release accepted.

## Contact Naa-na-himiyis:

Danette Delorme, House Manager  
**Ph:** 604-874-9610  
1470 East Broadway,  
Vancouver, B.C.  
V5N 1V6





## Terms and Conditions

- Brothers are always expected to conduct themselves in a respectful manner as is required and demonstrated by everyone in the organization, including Board, staff, Brothers, and visitors.
- Brothers newly arrived must spend 3 full days inside the Lodge for orientation even if they are transferring from another CRF. They will meet with their case manager, Circle of Healing Outreach worker, Pre-employment Coordinator, Peer Support Worker, apply for IDs, meet with Parole Officer and prepare and identify their needs to implement their action plan.
- Curfew: once house orientation is complete curfew is Sunday to Thursday 11:00PM. Fridays, Saturdays and holidays is 12:30AM. (Alarm system is activated during curfew hours). Parole Officers may impose their own curfew as per individual requirements.
- Meals are provided, dinners are made by staff daily, and Brothers are responsible for cooking their own breakfast and lunch's. All other times staff prepare the meals.
- Weekend Pass System: Parole Board of Canada and Parole Officer may grant weekend passes after four (4) weeks of residency provided there is a positive Community Assessment. One weekend pass if granted after one month, two after two months, etc.)
- Brothers are expected to be working, seeking employment and or taking part in educational opportunities.
- All Brothers must be awake by 7:00AM and ready for the day by 8:00AM.
- All Brothers must attend 5:00PM dinner and house count or have written permission from their Parole Officer that they have been excused. A resident may not leave and return at curfew, they must be seen at least once during the day.
- All Brothers must attend Brothers / Staff house meetings.
- There is a zero-tolerance policy at the Lodge for violence and profanity.
- All Medications must be delivered to the house.
- No smoking or vaping in the house.
- Zero tolerance towards alcohol and drugs.
- All guests must sign in at the office, guests are to leave by 10:00PM and are to follow Lodge rules and regulations. Guests are NOT allowed upstairs.













# Anderson Lodge Healing Centre for Women



## Background

Anderson Lodge Healing Centre for Sisters is a Community Residential Facility (CRF) for women who are leaving the Federal Institutions, as well as for women who are homeless and in need of shelter. The Circle of Eagles Lodge Society opened Anderson Lodge Healing Centre for Sisters for homeless women in March of 2001. It has been available to women in transition since.

## Description

On April 1st, 2004, the Circle of Eagles Lodge Society entered into a contract with the Corrections Services Canada and it currently has eight (8) beds for women who are at some stage of involvement with the Correctional System, on Conditional

Releases (day parole, full parole, statutory release, the Electronic Monitoring Program, probation or bail), and offers a structured, supportive environment for their reintegration into society.

The Anderson Lodge Healing Centre for Sisters as part of the Circle of Eagles Lodge Society, designs, delivers, coordinates and evaluates programs and services which support and provide a nurturing and safe environment that encourages positive changes for Indigenous women that need services and assistance in their healing journey; whilst maintaining culturally appropriate care. It recognizes homelessness and accepts Homeless Indigenous women, including Indigenous women who are at imminent risk of homelessness, and chronically & episodically homeless women

The residence itself is in a beautifully renovated facility to provide a home-like atmosphere located in East Vancouver. There are ten individual rooms, two living rooms, a large kitchen and dining room, a common room for the Sisters, laundry facilities, and three washrooms.



## Close by amenities

Public transportation is accessible (Skytrain and bus), close to community centres, library, post-secondary schools, including the Native Education Centre, Vancouver Aboriginal Friendship Centre, and Native Courtworkers.

## Who is eligible to live there?

Referrals are accepted from correctional institutions, alcohol and drug programs within institutions, the courts, and other resources.

Anderson Lodge Healing Centre for Women also accepts self-referrals for Indigenous Sisters who are at risk of being homeless or are currently homeless. Contact can be made by phoning the Anderson Lodge Healing Centre for Women at (604) 874-1246.

## How long can someone stay?

Length of stay ranges from a few days up to three years. Provided conditions of release and residency are met, a resident may stay at Anderson Lodge Healing Centre for Women until she reaches her warrant expire date (WED), or until she feels ready to leave and has established another residence for herself in the community (whichever comes first). Most women stay 4 – 6 months.

## How does a Sister apply to live there?

Sisters serving sentences in any correctional institution may apply through their case managers or Circle of Eagles Lodge Society/Anderson Lodge staff members. (REMEMBER: It takes at least 6 to 8 weeks for a parole application to be processed and acceptance into Anderson Lodge Healing Centre for Women may be an important part of a parole application. Try to begin your application for residence at Anderson Lodge Healing Centre for Women at least 8 weeks prior to the date you wish to appear before the Parole Board). Application to reside at the residence begins with an interview by a staff member from the Anderson Lodge Healing Centre for Women. This application is screened at the weekly New Westminster Parole Screening and at Sentence Management (if the application comes from BCCW), and you will be notified of the outcome as soon as possible.

Anderson Lodge house manager visits the Fraser Valley Institution every second Monday of the month for information session and interview.

Sisters who are looking for more information can contact staff via telephone: (604) 874-1246, fax: (604) 874- 464 or email: [velmaa@coels.ca](mailto:velmaa@coels.ca).

*\*Visiting may be effected due to the Covid-19 restrictions on entering the institutions.*

## When I am released, how do I get to Anderson Lodge Healing Centre for Sisters?

You are responsible for your own transportation to Anderson Lodge Healing Centre for Sisters. If you are unable to find

transportation, please let an Anderson Lodge Healing Centre for Women staff member know a few days in advance and we will try to assist. We may be able to pick you up at the Airport, bus station or from the institution. On the day of your release, you must come directly to Anderson Lodge Healing Centre for Sisters unless you are required to report first to your Parole Officer.

Please call staff to confirm directions on how to find the residence if you're not sure where it is.

## What happens when I first arrive?

The first 72 hours at Anderson Lodge Healing Centre for Women is spent in the lodge for orientation. Your first three days is to get you settled into your new home. It will include a tour of the residence, some paperwork. The entire intake may take 1 – 2 hours and need not necessarily all be completed in one sitting. Your first three days will be spent getting to know the residence and staff.

## What's it like living at Anderson Lodge Healing Centre for Sisters

Anderson Lodge Healing Centre for Sisters is usually a busy place. The Sisters are actively involved in the in-lodge programs and services and are actively involved in pursuing their own goals outside the lodge – working or looking for employment, attending school, meeting with other agencies or resources for counseling, therapy, or recreation.

At the same time, everyone who is living at Anderson Lodge Healing Centre for Women shares in the responsibility of its day-to-day operation. We meet as a group every Friday morning to discuss house issues. House rules and the purpose of the house rules are to ensure that the house is functioning smoothly and that everyone's conditions of release are being met.

## What types of programs are offered at the Anderson Lodge Healing Centre for Women?

Anderson Lodge currently offers the following programs and services, please note that some activities have changed to coincide with the BC Public Health pandemic protocol.

- Life skills development
- Elder Support – Social Distance, Face mask covering, and/or telephone
- Step Recovery Program - (off site, can also participate on-line through the Zoom program)
- Addictions Education - (off site, can also participate on-line through the Zoom program)
- Encouraged to attend AA/NA Outside Meetings - (off site, can also participate on-line through the Zoom program)
- Employment Program
- Cultural & Traditional Teachings (Medicine Wheel)
- Sweat Lodge ceremonies -
- Native Arts & Crafts
- One to one counseling
- Cultural Wellness Worker - (staff work one to one with sisters in teaching them the Indigenous World View of healing)

## Coronavirus Information

While we work through our new normal, the global pandemic, some of our cultural activities have changed to coincide with the BC Public Health pandemic protocol. You will learn more of them later in this report, but the following are Anderson Lodge's protocol to help the sisters and staff in keeping safe of the COVID-19 virus.

## Anderson Lodge's COVID-19 Rules Staff

1. Wash hands after entering Anderson Lodge
2. Mandatory Face mask at all times (except for eating/drinking)
3. Remain 2 meters apart from all staff and sisters
4. Shift Change Procedure: Call in 10 to 15 minutes prior to reporting to work.
5. Upon reporting to work, you must take your temperature with the portable thermomator in the office. Record it on the staff "Temperature Log."
6. All staff must participate in the Staff Safety Plan through checking off, yes/no on the "Daily Health Check-list" document.
7. Only one or two staff members at a time in the main office; must be wearing a face mask.
8. There is second office in the facility for second staff member to work.
9. Each offices and work areas must be sanitized when staff is completed their shift. This includes: office chairs, desks, computer, key board, pens, etc.
10. All pens, hand-sets, and keys must be placed in the sanitizer in the main office.
11. All high-touched areas must be wiped in the two-step procedure: 1. Use the spray bottle of soap/water to wipe the area clean. 2. Use the spray bottle that contains bleach/water. Wipe the areas after step 1. Let dry. This shall be done at least four times per day.
12. Report to your supervisor soon after you have learned that you, a co-worker, or a sister have symptoms of COVID-19.
13. Follow all COVID-19 policy posted on the walls of Anderson Lodge.
14. Follow all Cleaning procedure at the facility.
15. Provide COVID-19 information to sisters in a gentle manner.
16. Review all memorandums with the clip-board labeled, "COVID-19" outside the main office door.

## Sisters

1. Wearing your mask and maintaining appropriate social distancing when staff are interacting with each other and when meeting with sisters.
2. Wiping down the tables and areas that have been used before and after they are used.
3. Continually provide messaging to the sisters that they are not to have close contact with anyone in private residences, unless the contact is considered their immediate family or core bubble. Consultation should occur between the CMT and the CRF in determining who should be considered in a sister's immediate family and core bubble.

4. Continually provide messaging to the sisters that they should not have close contact with any other sisters residing at the CRF (inside or outside of the CRF), unless they are roommates and/or have no other choice because of the living environment. Close contact is defined as being within 2 metres of someone for more than 15 minutes or in the same room with someone for 2 hours or more.
5. Continually provide messaging to the sisters that if they do not feel well, that they inform someone immediately, as opposed to waiting for things to get worse.

## Wipe all High touch Areas

One sister has a job to wipe all high touch areas such as the door knobs, handles, stair railings, kitchen areas, dining room areas, and the living room areas four times per day. All high-touched areas must be wiped in the two-step procedure: 1. Use the spray bottle of soap/water to wipe the area clean. 2. Use the spray bottle that contains bleach/water. Wipe the areas after step 1. Let dry.

## Anderson Lodge Sisters will adhere to the following:

1. Essential/cultural outing only. Call your supervisor if you are unsure about the essential/cultural outing.
2. Mandatory Face Mask at all times and all areas (all common areas and hallways).
3. Mandatory physical check- in at 5:30 pm.
4. Wash hands every time sisters enter Anderson Lodge.
5. Use your arm when coughing and sneezing. Wash hands soon there after.
6. Follow all COVID-19 policies posted on the wall within the facility.

## Kitchen

1. A cook is available on site from Mondays to Fridays. She is to prepare all meals and to handle all food preparation.
2. Cover all food at all times
3. One person in the kitchen at a time
4. No buffet style serving: one person serving the food (individual sisters/staff can prepare food for only themselves).

## Shared Bedroom

1. Beds must be "Head to Toe."
2. A physical barrier must be in between the two beds.

## Contact Anderson Lodge Healing Centre for Women:

**Velma Albert, House Manager**

**Ph: 604-874-1246**

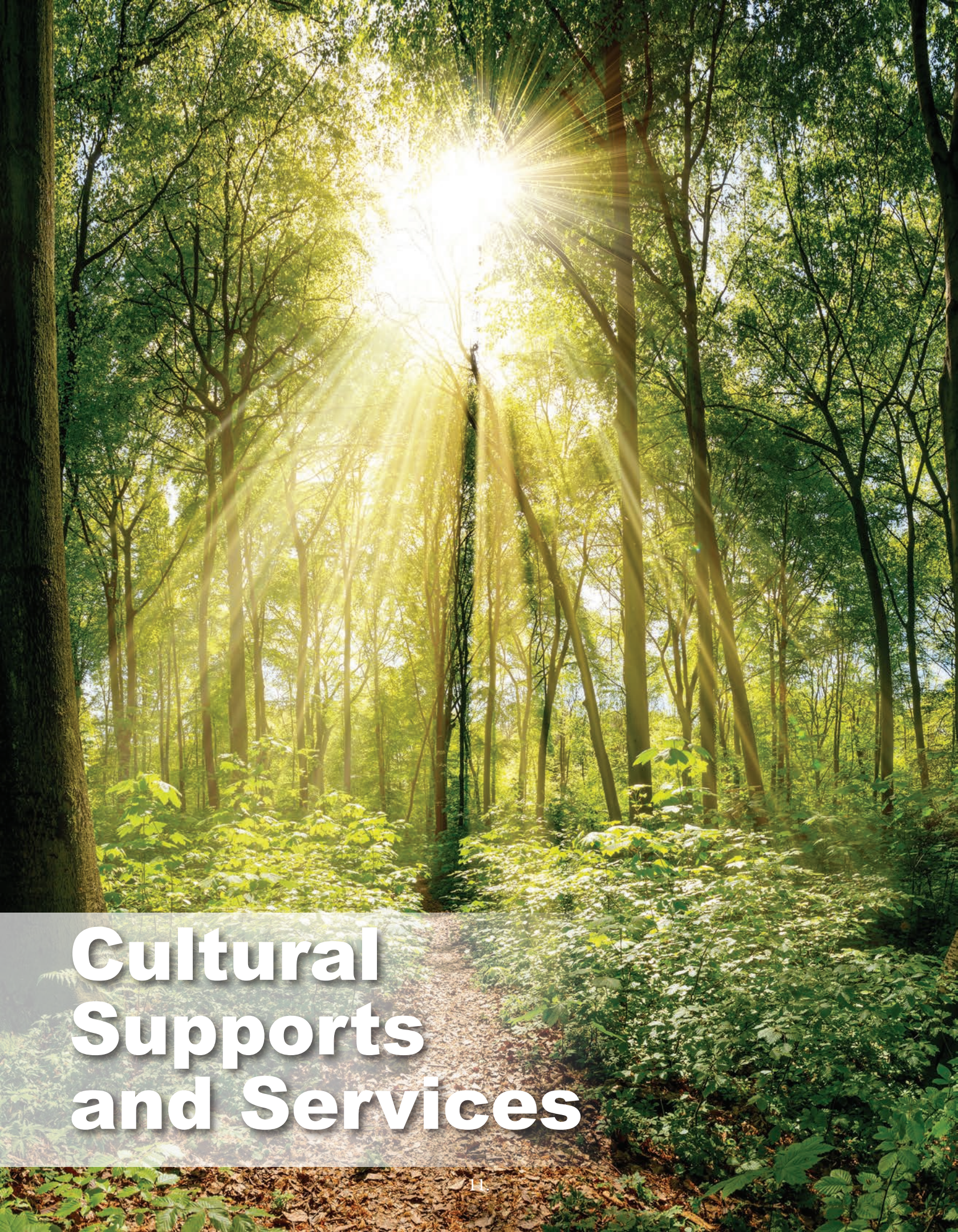
**2716 Clark Drive,**

**Vancouver B.C. V5N 3H6**









# **Cultural Supports and Services**



## COELS Cultural Supports and Services

COELS is an Indigenous organization that provides many cultural supports and services. Indigenous ways of learning, including many diverse nations are represented within COELS. Elders, ceremonies, traditional protocols, and ceremonies are an integral part of our work.

Brothers and Sisters are encouraged to take part in those that they feel comfortable. We realize that many of us are unique in our beliefs, and we respect where people are at, carrying out our work with respect. This section will highlight and describe some of our cultural supports and services.

### Medicines

Sweetgrass, sage, cedar and tobacco are the main medicines. These medicines are used in ceremony in many ways. It is important to treat these medicines with respect and in a sacred manner. Sweetgrass and Sage are used to purify oneself and area, to take away any negative thoughts and to clear the energies. Just as our bodies require nutrition, our spirits need to be cleaned and fed as well. Sweetgrass and Sage are available for your use, and we strongly encourage you to utilize them in your daily life. We have medicines available, please check with staff if you would like some for your personal use.

Tobacco is one of the main medicines and originally it was used much differently. When approaching an Elder or a healer, we are encouraged to offer them tobacco. Tobacco is always part of ceremony, and some believe that it is one of the main medicines.

## Pipe Ceremonies

There are many different Pipe Ceremonies but one of the ways that Elders and Staff working within COELS use is in ceremony whenever the need arises. There are many different protocols, and each Pipe Carrier has their own approach in the ways that they were taught. The Pipe is a sacred instrument that is used in prayer.

### Sweat Lodge Ceremonies

There is a Sweat Lodge that is located at Anderson Lodge. The Sweat Lodge is one of the ways in which we purify our mind, body, and spirit. You are encouraged to bring tobacco and broad cloth to the Elder. You may ask the Elder for specific prayers or you may pray those prayers yourself between you and the Creator and the Grandfathers, and Grandmothers.

### Spirit Baths

The West Coast peoples utilize the Spirit Baths with the same intent of purifying the body, mind, and spirit. Brothers and Sisters may ask to go do a Spirit Bath and COELS will assist in this process.

### West Coast Night and Pow Wow nights

There are many other cultural events that are not part of COELS, but Brothers and Sisters are strongly encouraged to seek out cultural activities and events. Powwow night is every Tuesday, and West Coast Nights are held every Wednesday.





## Tsetsusem (Camp Potlatch) Healing Journey

Twice a year Circle of Eagles Lodge Society (COELS) hosts the Tsetsusem Cultural Journey which takes place at Camp Potlatch. Camp Potlatch overlooks Howe Sound, known to the local Squamish First Nations as Tsetsusem (Tsay-Tsoh-Sum). The area is culturally relevant, full of history and the beauty that complements the focus of the journey in providing a safe, culturally relevant space for those participating to heal in the vastness of the nature away from the urban jungle.

Those that attend the Tsetsusem Healing Journey experience many traditional and cultural experiences. These include West Coast traditional teachings and stories by local Elders and learning the cultural protocols of a traditional sea-going canoe called Kwa Kwem Tn. Kwa Kwem Tn was built in 2000 by eight urban Indigenous youth, and every year since, this beautiful canoe transports participants on several canoe journeys.

## The Healing Journey Overview

During the week Elders and locals share stories and history of the traditional territory of the Squamish peoples. Tsetsusem Healing Journey is held twice per year, once in the spring or summer and once in the fall. These structured journeys are designed to provide an enriching experience for Brothers and other participants in their healing journey.

Brothers stay in rustic cabins away from the comforts of modern living with no electricity in the cabins. This is a healing journey, and each aspect of the journey is designed to enhance the physical, mental, emotional and spiritual aspects of the Brothers' lives. Each participant is encouraged to attend every part of the healing journey, but consideration is given that not all follow the same teachings, beliefs and traditions. Each participant's beliefs will be respected.

## The

### Healing Journey Schedule

The Healing Journey Schedule is balanced to fill each sector of the medicine wheel with mental, emotional, spiritual and physical activities. Each part of the program will address one of those aspects, or a combination overall.

### The Medicine Wheel Activities

**Mental** - Learning Traditional Protocols and Teachings, Learning about the Drum, teachings and songs, Sharing Circles, Other activities.

**Emotional** - Anger Management, Letting Go Ceremony, Healthy Boundaries, Other as needed

**Physical** - Pulling on Kwa Kwem Tn, Hiking, Swimming

**Spiritual** - Morning Spirit Baths, Sweat Lodge Ceremonies, Prayers Smudging



## Brothers Preparing for the Healing Journey

To prepare for the Healing Journey there are many considerations. First and foremost is to remember that the experience will be challenging and rewarding. This is a place to work on yourself and to respect the wisdom that lies within you and with those who are there to assist you in your healing journey.

## Brothers Working with your Case Management Team (CMT)

**CSC Institutions** - It is very important once you have decided and have the ability to stay the full four days that you begin working with your Case Management Team (CMT). Depending on your conditions your parole officer may have to write to the Parole Board of Canada to grant overnights in the community. If you are in the institution and need support COELS will follow up with your parole officer and warden as well as attend a hearing to support you in your decision to continue your healing journey.

**Community Supervision** – if you are a Brother residing at Naa-na-himyis Brothers Healing Lodge and/or other Community Residential Facilities you have the opportunity to attend the Healing Journey. You will need support from your CMT including your Parole Officer to attend the Tsetsusem Healing Journey. It is important to plan earlier rather than later. Your CMT is able to assist you in preparing. You are required to attend the full four days of the Healing Journey.

It is recommended that you sign up early, as there is a limit to the number of brothers who may attend. A waitlist will be established, priority will be for brothers who haven't attended, then remaining spots for brothers who have signed up.

If a brother would like to sign up for the trip, they can mail a letter to:

Tsetsusum Healing Journey  
2008 Wall St. Vancouver, B.C. V5L 1J5  
Or email, [clarec@coels.ca](mailto:clarec@coels.ca)





## Circle of Healing Program

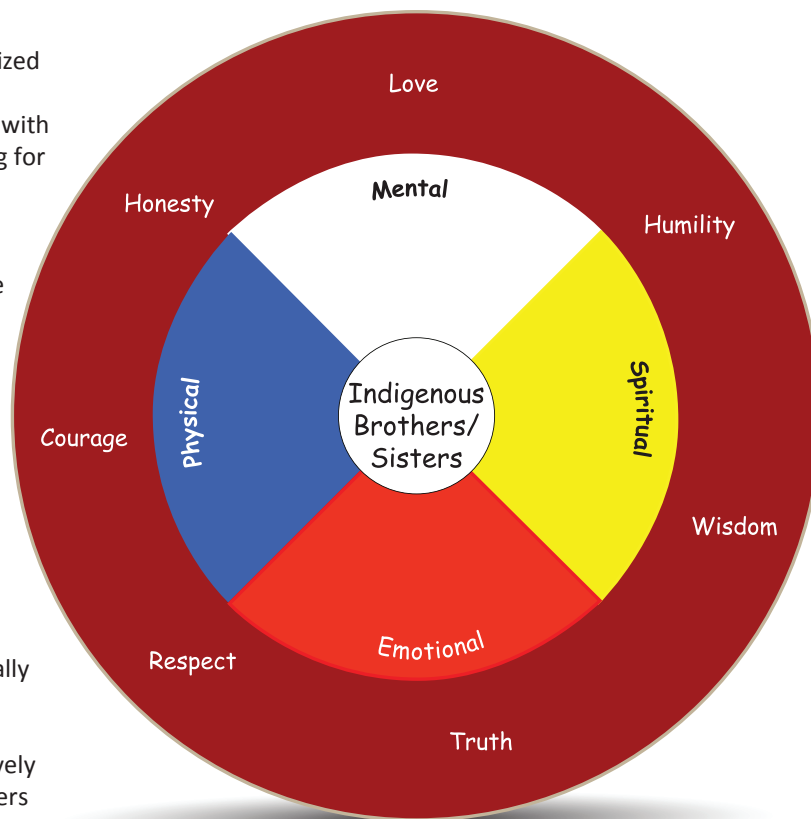
The Circle of Healing Journey was started when COELS realized a need for the Brothers in the community to be supported through their transition into the community. We also work with Brothers that are inside the Federal Institutions and looking for supports and cultural supports in the community.

Many times, we will have the acceptance to COELS also be included as actively participating in Circle of Healing for the first 45 days after release. We will also at times support Brothers that have breached their conditions by creating a plan for supporting them in the community or supporting them to come back into the community if their breach results in returning to custody.

The 45 days is individualized for each person and meets individuals where they are at in a non-judgmental and wholistic manner. We work with you and your Community Management Team (CMT) to create a calendar. This could include a healing circle, sharing circles, spiritual sweats, learning from Elders, life skills, housing and ongoing culturally safe supports.

The COH takes a community approach working collaboratively with Indigenous partners to address the needs of; 1) Brothers and Sisters who are on Statutory Release(s) (with residency or not), Long Term Supervision Orders (LTSOs) or who have a special condition of release to reside at a specific place who are reintegrating back into the community; and 2) Indigenous men and women as well as those who are homeless, or at risk of being homeless.

The sessions may include meeting with Elders, Career Planning, Sweat Lodge Ceremonies, Counselling, Cultural Teachings, AA/NA, Warriors Against Violence, Employment and Career Planning, housing and Resource Services.



## Circle of Healing Outreach

The Circle of Healing Outreach Worker is part of Circle of Healing Journey. We work with Indigenous Brothers who are on a conditional release in the community. Upon their arrival at Naa-Na-Himyis, we meet with the Brothers and discuss what they need help with and what their plans and goals are. Based on this information, we make referrals to different agencies to assist them with addressing their specific needs and goals. This can include referrals for doctors, identification, employment and cultural resources.

We also will accompany the Brothers to various appointments in the community to assist them with getting familiar with the city and how to take transit.

We meet with them on a weekly basis to discuss their progress and make changes as needed. In addition, we attend community cultural events with the Brothers to connect them to different cultural resources. For example, attending cultural nights at the Friendship Center.

We work with the Brothers at their own pace and what they are comfortable with. The plans and goals that they set out for themselves are created by them and for each Brother they are different. We provide ongoing support throughout their release and when they transition into independent living.

Self-referrals and referrals from community can be made to [jenniferc@coels.ca](mailto:jenniferc@coels.ca) or call 604-874-9610

2021 OCTOBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

# Circle of Eagles Lodge Society Resources

## Peer Support Worker

Our Peer Support service is a new initiative to provide one on one support with brothers and sisters who have lived a common experience.

We provide emotional and social support to the Brothers and Sisters to help with their reintegration into the community. Having shared a common experience gives our peer support workers the extra guidance to help in common situations. There is no “one-size-fits-all” approach to peer support. It can take many different forms and be offered wherever people need it, whether in peer-run organizations, workplaces, schools, or healthcare settings. Peer support is intended to complement traditional clinical care and vice versa. Talking to our peer support worker is free of any judgment and is not an employee of CSC.

A few examples of how you can work with the peer support workers.

- Harm reduction information
- What to do with idle time
- Personal and emotional support
- Housing needs
- How to navigate in this city
- Accompany you to appointments.
- Searching for a job
- Someone to talk to and listen.
- Assisting and articulating your goals for recovery
- Learning and practicing new skills
- Helping monitor such progress and supporting them in their treatment.
- Modeling effective coping techniques and self-help strategies

We are located at 2008 Wall Street in Vancouver BC. Our Location is close to major bus routes and there is ample parking in the neighborhood. We will also be available for visits to the Naa-Na-Himiyis Brothers Healing Lodge on request.

## Housing and Resource Service

COELS Housing and Services Program (HASP) works with Indigenous people who are homeless or at risk of homelessness assistance in finding and securing housing. HASP provides clients an opportunity to find long-term or more stable housing options.

We work primarily with Brothers and Sisters who are leaving the Correctional System, as well as the community.

HASP also offers Rent Smart program which is considered to many landlords in the GVRD as a reference. We’ve also now added to our services and expanded with our Outreach Team that will be able to assist with other services to housing Brother’s & Sister’s and many throughout the community.

Contact COELS Resource Center for more information

### Contact COELS Resource Center:

Ph: 778-658-5760

2008 Wall Street,  
Vancouver, BC  
V5L 1J5






A Circle of Eagles Lodge Society Production

# Circle of Eagles

## *Soaring for 50 years*



DIRECTED BY MERV THOMAS  
PRODUCED BY BARBARA ELLIS AND JASON Q LAWRENCE  
FILMED AND EDITED BY DARKO SIKMAN MUSIC BY THOMAS BECKMAN THEME SONG BY MARY GARNET EDWARDS  
IN ASSOCIATION WITH LOOK HEAR PRODUCTIONS

 [coels.ca/50thfilm](http://coels.ca/50thfilm)



## Bannock On The Run/Elders Meals on Wheels

Circle of Eagles Lodge Society has continued to support the Bannock on the Run hot meals on wheels program that takes place every other week through Anderson Lodge. The Sisters at Anderson Lodge share jobs helping with the prep, the cooking, the cleaning, and the delivery. Despite COVID-19, Bannock on the Run (BOTR) has managed to keep going by supporting the Elders. Following COVID safety precautions and the Canadian Food Guide, we provide a healthy hot meal to 35 Elders throughout Vancouver and the edge of Burnaby. Eventually we will likely return to feeding those who are homeless on the downtown east side of Vancouver.

We like to encourage the Sisters to help with this to promote their self-esteem and self-confidence. The BOTR program works to provide them an environment where we can teach them some skills that they can use in the future. One of the requirements is to have a valid Canadian Food Safe Certification. COELS has made it so that if the Sister does not have their certification that they can work with our pre-employment counselor and plan to get their course completed. Another goal that we hope will derive from this are some cooking skills. If the Sisters do not have any experience with cooking this is an excellent opportunity for them to learn. We are always encouraging them to help when they can.

With all the hard work that the Sisters put into this program we have been able to arrange an hourly wage to compensate them for their time. We want to make sure that they are equally treated, and the pay is around the minimum wage rate or slightly higher. This provides them an opportunity to work towards building up their savings for their eventual future release from Anderson Lodge. The BOTR program wants to acknowledge their skills and hard work that the Sisters do when preparing these meals for the Elders in the community.

During COVID many of the Elders have struggles with isolation, lack of socialization and loneliness. We have found that delivering a nice hot meal to them with a short visit allows COELS to do a small wellness check, while, showing them that they are not forgotten and alone. The Elders that we are currently working with and serving are unbelievably grateful for all that the Sisters do. At one location the Elders gather in the lobby and await our arrival. The appreciation that they convey makes the hard work worth it.

The program over the last year since starting back up has been operating out of the Sisters house Anderson Lodge using their kitchen. We are happy to announce that we have now found a community kitchen that we will be utilizing for our future BOTR cooking days. We will continue to run Bannock on the Run bi-weekly. We will be inviting the Sisters at Anderson Lodge to come and help at the kitchen (CSC conditions permitting) and hopefully also can encourage past Sisters that are in the community to volunteer.



**Contact Bannock On The Run/Elders Meals on Wheels:**

**Ph: 604-874-1246 or 778-658-5760**



# K'emk'emelay Pre-Employment Skills Program

## COELS K'emk'emelay Pre-employment Program (KPEP)

K'emk'emelay Pre-Employment Program (KPEP) has been in operation for over 20 years, providing services to Indigenous Brothers and Sisters who have left federal corrections and are living in the community, as well as community that are looking for additional training and skills to gain employment or to continue schooling.

KPEP Coordinator will meet with the Brother or Sister within the first three days of their arrival within our healing lodges or when a Brother/Sister is seeking assistance with their training and employment needs. This program has continuous intake.

It is recognized that everyone's level of readiness in their employment and training needs are different, some may have been out of the workforce for many years and will require additional supports. And some will not need as much support. But everyone needs to start from where they are at to reach their full potential.

KPEP has continuous intakes, Once you have completed the process, you will be able to begin participating in the KPEP Training program.

KPEP Program has four different levels.

1. Level One – Building our Foundation with the 4 Dimensions of Wellness
2. Level Two – Job Skills, Resumes, Reference Letters etc.
3. Level Three – Soft Skills: Social and Community Connections
4. Level Four – Certificates and Training

Each of the levels builds on the previous module. It is important to begin with a steady foundation and knowledge resources to acquire basic needs, such as housing and community support.

### Contact K'emk'emelay coordinator:

Ph: 778-658-5760

2008 Wall Street,  
Vancouver, B.C.  
V5L 1J5



**Circle of Eagles Lodge Society**  
**K'emk'emelay Indigenous Employment Skills Training**

**Circle of Eagles Resource Center**  
2008 Wall Street  
Vancouver  
(Wall and Dundas)  
Phone: 778-658-5760  
Email: isadore@coels.ca

**Manage Career, Work and Life**

- Culture, Healing and Wellness
- Certified Training including:  
WHMIS, Level 1 First Aid, Traffic Control Person, Fall Protection, Naloxone Training, Transportation Dangerous Goods, Fork Lift Training, Food Safe, and more...

**Get Work**

- Job Search and Career Exploration
- Resumes, Cover Letters and Applications
- Interview skills, Employment Info Sessions
- Access to computers, fax, photocopying and telephone

**Starting Fall 2021**  
**with continuous intake**  
**Monday to Thursday**  
**10:00am - 3:00pm**

Bus tickets provided

**www.coels.ca**

**ACCESS** **Service Canada**

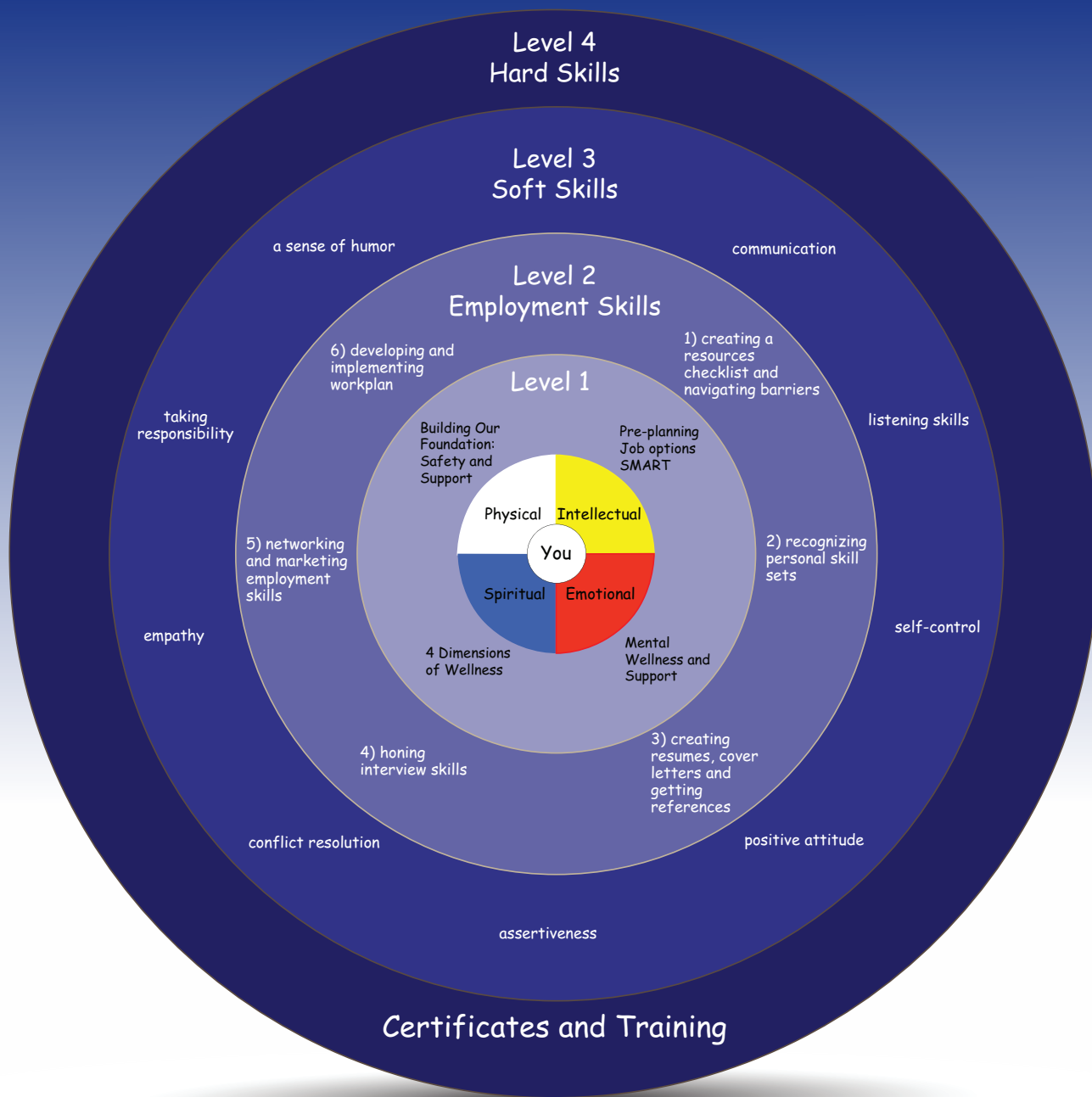
**Level One** includes Building our Foundation, pre-planning, identifying job options, establishing SMART goals. Addressing and finding supports and referrals and utilizing the Medicine Wheel to find our balance.

**In Level Two** – there are six modules related to Job search and networks. Modules include, 1) creating a resources checklist and navigating barriers, 2) recognizing personal skill sets, 3) creating resumes, cover letters and getting references, 4) honing interview skills, 5) networking and marketing employment skills, 6) developing and implementing workplan.

**In Level Three** – you will look at your soft skills, which include: communication, listening skills, self-control, positive attitude, assertiveness, conflict resolution, empathy, taking responsibility, and a sense of humor.

**In Level Four** – you will work on the Hard Skills: Certificates and Training. You will develop a personalized plan that lists steps you can take to obtain further training and/or to get a meaningful job.





## K'emk'emelay Pre-Employment Skills Training Program

After completing this pre-employment program, Brothers and Sisters will have received some or all the following certificates:

- First Aid Level 1
- WHMS
- Transportation of Dangerous Goods
- Traffic Control Person
- Food Safe
- Confined spaces
- Fall Protection
- Forklift and/or Scissor Lift
- Intro to technology
- Computer Skills Training
- Cashier Training

COELS is a member of the Aboriginal Community Career Employment Services Society (ACCESS) and Brothers and Sisters wanting to pursue additional formal training are strongly encouraged to apply. For some who have completed the KPEP program, they have gone on to take an apprenticeship course provided by ACCESS.

**The sky is the limit so dream big!  
You can do it!!!**







# Circle of Eagles Trading Post

Circle of Eagles has an exciting announcement! We have opened a Trading Post store at the Circle of Eagles Resource Center. This has been a vision of Circle for over 20 years and has finally come to fruition. The goal of the Trading Post store is to provide a space for the Brothers and Sisters to be able to sell their artwork in a safe environment based on fair trade. We believe in acknowledging their skills and trying to support them as much as we can when it comes to their artwork and creativity.

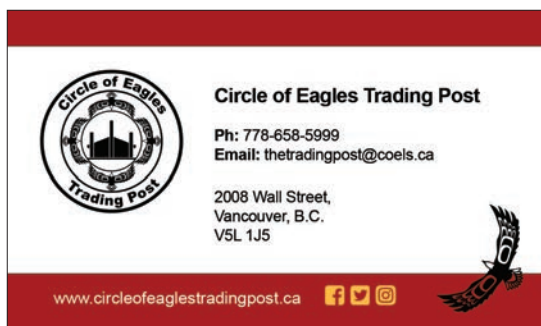
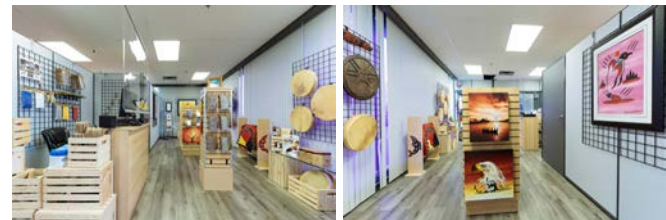
This is an exciting achievement for Circle of Eagles. We have long known that our Brothers and Sisters as well as staff have many artistic skills, abilities and creativity and can now follow through with the additional support that we have envisioned doing for so long. We continue to work on building our resources that can help further the Brothers and Sisters. We are hoping to soon be able to provide some training or funding for classes for those that want to further develop their skills.

The Trading Post website contains our entire inventory and is updated as we receive new products. We are planning on creating a spotlight section where we can promote one artist and their work. This will help get their name out there and introduce their work to society. This will be dependent on a few conditions – if you are on CSC monitored release you may not be permitted to advertise your name based on privacy rules.

We have arranged for a committee comprising of known artists, art teachers, gallery managers to help with our evaluation of pieces received. This procedure will help avoid bias and maintain a fair selection process for all involved.

We continue working with CSC to build an understanding of ways to assist the Brothers and Sisters artistic talents. Eventually the overall goal is to not only be able to work with the Brothers and Sisters out in the community, but to also work with those inside the institutions. We will be helping to promote their artwork and creativity while helping them with saving for their eventual release and re-integration into society.

We want all Brothers and Sisters to be included in this process whether they are inside or out and want them to know that we can still be reached by mail if they have any questions as we want to support everyone as equally as possible.







## Circle of Eagles Graphic Design

Circle of Eagles Lodge Society is pleased to offer graphic design and layout services. We will be happy to work with you to bring your ideas to life and to meet your requirements. We can design the following:

- Logo design,
- Stationary design,
- Reports: graphics and layout, i.e. Newsletter and Annual Reports,
- Business cards and letterheads,
- T-shirts,
- Mugs and coffee cups,
- Postcards,
- Banners, Facebook banners,
- Website, newsletters,
- and much more.

Contact Greg at the COELS Resource Centre for a quote.  
778-658-5760





# Annual Events

## Christmas Party

Every Christmas COELS hosts an annual Christmas party for the Brothers, Sisters, Parole Officers, partners, Board and Staff. Approximately, 200 people share in a Christmas celebration with their families and each person receives a small gift.



## Easter

Gingerbread Houses are usually decorated by the Brothers and Sisters each Easter.



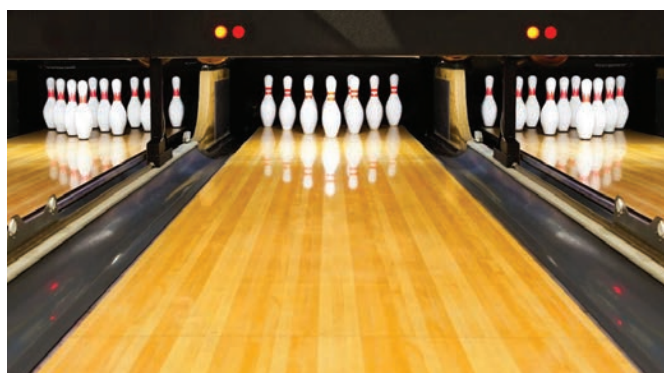
## Halloween and Pumpkin Carving Contest

There is a contest for the Brothers and Sisters for their pumpkin carving. There are prizes for the best pumpkin and a draw for the second and third prize.



## COELS Volunteers

COELS Volunteers are often at the Naa-na-himiyis Brothers Healing Lodge and provide fun activities, including hosting carving, going bowling, going to the hockey and soccer games and other fun activities.



## Section 84

COELS is a Section 84 facility and Brothers and Sisters are encouraged to use this Section in the Corrections and Conditional Release Act. (See Section 84 Handbook.)

Section 84 is about finding a process of support that works for you when your released to community.

Section 84 is applicable for all conditional release types i.e. Stat Release, Day Parole, Full Parole.

Section 84 of the CCRA states....

84 If an inmate expresses an interest in being released into an aboriginal community, the Service shall, with the inmate's consent, give the aboriginal community

- (a) adequate notice of the inmate's parole review or their statutory release date, as the case may be; and
- (b) an opportunity to propose a plan for the inmate's release and integration into that community.

### Contact Vancouver Indigenous Justice

#### Advisory Committee:

Attn. Merv Thomas, Chair  
6520 Salish Dr.  
Vancouver, B.C.  
V6N 2C7



## **Partners, Stakeholders and Community Referrals**

### **External Programs & Referrals**

Corrections Services Canada (CSC) Programs and Services

Warriors Against Violence

Tsow-Tun Le Lum (Substance Abuse Treatment Centre)

Aboriginal Community Career Services Society – Employment and Training (ACCESS)

Lu'ma Native Housing Society

Aboriginal Policing (Diversity in Aboriginal)

AA or NA Meetings

Metro Vancouver Indigenous Services Society

Metro Vancouver Aboriginal Executive Council

Referrals to other programs and services

Many other Indigenous Programs and Services





## Circle of Eagles Lodge Society

### **Head Office Administration**

6520 Salish Drive  
Vancouver B.C. V6N 2C7

Tel: 604-428-7963  
Fax: 604-874-3858

### **Naa-na-himyis Brothers Healing Lodge**

1470 East Broadway  
Vancouver B.C. V5N 1V6

Tel: 604-874-9610  
Fax: 604-874-3858

### **Anderson Lodge Healing Centre for Women**

2716 Clark Drive  
Vancouver B.C. V5N 3H6

Tel: 604-874-1246  
Fax: 604-874-9464

### **COELS Resource Center**

2008 Wall Street  
Vancouver B.C. V5L 1J5

Tel: 778-658-5760  
Fax: 604-874-3858

### **Circle of Eagles Trading Post**

2008 Wall Street  
Vancouver B.C. V5L 1J5

Tel: 778-658-5999  
Fax: 604-874-3858

### **Circle of Eagles Graphic Design**

2008 Wall Street  
Vancouver B.C. V5L 1J5

Tel: 778-658-5999  
Fax: 604-874-3858

[www.coels.ca](http://www.coels.ca)  
[www.circleofeaglestradingpost.ca](http://www.circleofeaglestradingpost.ca)

